



SCHOOL OF NURSING
UNIVERSITY of WASHINGTON
Continuing Nursing Education

WMFC

Wound Management Fundamentals Course

A Certificate Program for Healthcare Professionals

Spring Course

April 2 - May 19, 2012

Summer Course

August 20 - September 22, 2012

*Excellence in
Career-Long Learning*

PROVIDED BY
University of Washington School of Nursing
Continuing Nursing Education

Wound Management Fundamentals Course

Spring Course • April 2 - May 19, 2012

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The logo for the Wound Management Fundamentals Course (WMFC) consists of the letters 'WMFC' in a white, bold, sans-serif font, centered within a dark teal square.

PROGRAM DESCRIPTION

This 30-contact hour course uses a unique combination of educational technologies, distance learning methodologies, and classroom learning to prepare nurses to practice evidence-based wound management with expanded skills and knowledge. Content is based on national wound management guidelines for a broad range of wounds including venous, arterial, neuropathic, and pressure ulcers. Central concepts guiding the content are prevention, assessment, diagnosis, treatment, and evaluation of the healing process using fundamental principles and practical approaches to wound management.

This project is supported by funds from the Division of Nursing (DN), Bureau of Health Professions (BHPr), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant #D11HP22210 for \$983,396, "Using Technology to Expand Wound Management Education," 2011-2014.

OFFERED FOR

Nurses and other healthcare professionals in all settings including wound care team members, treatment nurses, staff nurses and nurse managers in acute care, long term care, ambulatory care, and community-based settings.

COURSE FORMAT

The program begins with 4 (four) weeks of web-supported, online learning activities to be completed prior to attending class in Seattle. Students should be prepared to spend 4-6 hours per week on reading assignments, quizzes, and other course activities during the web-supported phase. Course faculty will be available to support student learning. Following the web-supported phase, students attend 3 (three) full days of intensive classroom work in Seattle with additional lectures, demonstrations, reading assignments, projects, and evaluation.

This two-part learning format has been demonstrated to be very effective in establishing a baseline level of knowledge during the web-supported phase and focusing on skill development, synthesis and role development during the onsite classes.

TEACHING METHODS

Online learning, didactic presentations, reading, group work, reflective learning exercises, case study analysis, synthesis exercises, demonstrations, facilitated discussion, and hands-on practice.

PROGRAM OBJECTIVES

Upon completion of this program, participants will be able to:

1. Describe the basic structure and function of skin.
2. Identify changes in the integumentary system over the life span.
3. Describe effective skin damage prevention techniques.
4. Describe the usual stages of wound healing.
5. Describe the impact of co-morbidities on wound development and closure.
6. Identify systemic factors (e.g., nutrition, perfusion, pathology) that influence healing outcomes.
7. Assess and measure wounds (e.g., venous, arterial, diabetic/neuropathic, pressure).
8. Select appropriate topical therapies based on research and patient evaluation.
9. Develop plans for care, integrating input from wound team members.
10. Demonstrate competencies in pressure ulcer staging, ankle brachial index (ABI) measurement, Semmes-Weinstein monofilament testing, application of selected compression wraps, and documentation.
11. Apply adult learning principles to education for patients, family members and health care providers about prevention and treatment of wounds.
12. Explore legal and ethical issues related to practice in wound care.
13. Describe strategies for providing culturally-appropriate patient-centered care.

PROFESSIONAL CREDIT

A certificate for 30 contact hours will be awarded for completing the course.

Nurses and Nurse Practitioners:

- The University of Washington School of Nursing (UWSON) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- The UWSON is approved as a Washington state clock hour provider by the Washington State Board of Education.
- Provider is approved by the California Board of Registered Nursing, Provider #07218, for 30 contact hours.

Other Disciplines: A certificate of contact hours will be provided to all participants for use in documenting completion of this continuing education offering.

COMPUTER SYSTEM REQUIREMENTS

This course requires access to a computer that allows you to hear sound, view streaming media, and work with Word and PDF documents. DSL or cable connection is required. Check your computer set-up at:

www.uwcne.org/streamtest.asp

COURSE REQUIREMENTS

Completion of all course work (online and onsite), self-assessment quizzes, evaluations, and two clinical examples.

COURSE SCHEDULES

COURSE SCHEDULES

Spring Course—April 2 - May 19, 2012

- Online Class: April 2 - April 29
4 weeks (9 contact hours) of online learning
- Onsite Class: Saturdays: May 5, 12, and 19 (8 AM - 5 PM)
3 days (21 contact hours) of onsite learning

Summer Course—August 20 - September 22, 2012

- Online Class: August 20 - September 16
4 weeks (9 contact hours) of online learning
- Onsite Class: Thursday-Saturday: September 20-22 (8 AM - 5 PM)
3 days (21 contact hours) of onsite learning

PROGRAM DIRECTORS AND CORE FACULTY

Renee Anderson, MSN, RN, CWON

Certified Wound Ostomy Nurse; Co-Director, WMEP, CNE, UW; President, Rainier Clinical Consultants, Inc., Seattle

Betty Hanrahan, MSN, ARNP, CWCN, CWS, FACCWS

Certified Wound Care Nurse; Fellow in the College of Certified Wound Specialists; Co-Director, WMEP, CNE, UW; Consultative Wound Team, Group Health, Seattle

PROGRAM DEVELOPMENT COMMITTEE

Renee Anderson, MSN, RN, CWON*

Martha DuHamel, MPH, Assistant Dean, CNE, UW

Betty Hanrahan, MSN, ARNP, RNC, CWCN, CWS, FACCWS*

Patricia Merry, BA, Web Manager/Media Specialist, CNE, UW

Donna Nichols, BA, Associate Director, CNE, UW

Nole Ann Ulery-Horsey, BS OT, Continuing Education Specialist, CNE, UW

Joie Whitney, PhD, RN, CWCN, FAAN, Certified Wound Care Nurse; Professor, BNHS, UW; School of Nursing Faculty Liaison, UW; Harborview Medical Center, Research Scientist and Endowed Professor in Critical Care Nursing, Seattle

**Also listed under Program Directors & Core Faculty*

BNHS=Biobehavioral Nursing & Health Systems, School of Nursing

CNE=Continuing Nursing Education, School of Nursing

UW=University of Washington, Seattle

WMEP=Wound Management Education Program, School of Nursing

COURSE CONTENT

CONTENT DESCRIPTION

➤ **Part 1: 4-Weeks Online Learning (9 contact hours)**

Week 1

- Course overview, learning objectives, website orientation
- Characteristics of healthy skin and soft tissue including changes over the lifespan
- Legal, ethical, and regulatory health care issues

Week 2

- Wound assessment
- Role of nutrition in managing chronic wounds

Week 3

- Wound management principles
- Topical wound management

Week 4

- Providing culturally-appropriate patient-centered care
- Wound management documentation
- Clinical example assignment

➤ **Part 2: 3-Days Onsite Classroom Learning (21 contact hours)**

Day 1 8 AM - 5 PM

- Wound healing
- Systemic factors affecting healing
- Identification and management of factors impacting healthy skin and soft tissue
- Pressure ulcer risk assessment, prevention, and management

Day 2 8 AM - 5 PM

- Assessment and management of arterial wounds
- Assessment and management of venous ulcers
- Skills lab: e.g., ABI, compression

Day 3 8 AM - 5 PM

- Preventive foot care for patients with diabetes
- Assessment and management of neuropathic/diabetic ulcers
- Assessment and management of surgical wounds
- Case-based applications

GENERAL INFORMATION

CLASSROOM LOCATION

Shoreline Conference Center

18560 1st Ave NE

Shoreline (Seattle), WA, 98155

Directions: Going north or south on I-5, take the NE 175th Street exit (Exit #176). Head west on NE 175th to Meridian Ave. N. Turn right on Meridian and continue to next light at N. 185th St. Turn right on N. 185th and continue to 1st Ave. NE. Turn left on 1st NE. The Shoreline complex will be on your right. Drive to the north end and turn right just before the tennis courts. Follow signs to the conference center.

Parking: If the parking area outside the entrance to the conference center is full, return to 1st Avenue NE and drive to the south end of the complex. Free parking is plentiful and you can enter through any major entrance and follow signs to the Shoreline Room. If you park on the street, be sure to avoid parking in front of mailboxes or close to driveways or you may be ticketed.

HOTEL INFORMATION

University of Washington conference rates and shuttle service to the conference center may be available at these hotels if requested in advance.

Embassy Suites, Lynnwood

20610 44th Ave W.

Lynnwood, WA 98036

425-775-2500

www.embassysuites.com

Courtyard Marriott

4220 Alderwood Mall Blvd.

Lynnwood, WA 98036

425-670-0500

www.marriott.com

REGISTRATION INFORMATION

University of Washington • Continuing Nursing Education (UWCNE)

Box 359440 • Seattle, WA 98195-9440

PHONE: 206-543-1047 • FAX: 206-543-6953

EMAIL: cne@uw.edu • WEB: uwcne.org

The fee for this course is \$595. The fee includes tuition and, for the onsite days, handouts, continental breakfast and lunch.

To register:

Please send registration form to UWCNE or register online at uwcne.org.

Program changes:

UWCNE reserves the right to revise the program schedule as needed.

Refund policy:

If you register but then cannot attend, you may send a substitute or, prior to the conference, request a refund less \$35 for handling.

Cancellation policy:

If the conference is cancelled, all fees will be refunded in full. Airline and/or hotel penalties are the responsibility of the registrant.

Space is limited. Early registration is advised.



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Conf. 12180-SP/12181-SP • 30 contact hours

Space is limited.

Early registration is advised.

REGISTRATION FORM

Three easy ways to register!

- Web: Register online at uwcne.org
- FAX: 206-543-6953
- Mail: UWCNE
 Box 359440
 Seattle, WA 98195-9440

PLEASE PRINT/TYPE CLEARLY:

NAME _____ HIGHEST DEGREE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

AGENCY NAME _____

AGENCY ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMAIL ADDRESS _____ DAYTIME PHONE _____

■ YOUR PRIMARY POSITIONS: (Check all that apply.)

- Registered Nurse
- LPN
- PT
- Administrator/Manager
- Clinical Nurse Specialist
- Educator
- OT
- Nurse Practitioner (Specialty: _____)
- Case Manager
- Other _____

■ YOUR WORK SETTING: (Check all that apply.)

- Acute Care
- Ambulatory Care/Clinic
- Other _____
- Home Health Care
- Adult Family Home
- Long Term Care

■ CONFERENCE FEES:

Wound Management Fundamentals Course Course Rate

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Summer Course: Aug 20 - Sept 22, 2012..... \$595

(Registration deadline for Summer Course is August 15.)

■ TOTAL PAID \$ _____ (U.S. Funds)

- Check enclosed payable to: *University of Washington*
- Purchase order or letter of authorization enclosed. Please bill my agency.
- UW Budget Number _____ UW Budget Title _____
- Charge my bank card: VISA MC Exp. Date _____
