**TARGET AUDIENCE**
For nurses, nurse practitioners, medical assistants and other interested healthcare professionals.

**CONFERENCE DESCRIPTION**
Nurses in ambulatory care have diverse roles, serve unique groups of patients and require specialized clinical and management skills. This conference is an educational forum for those who practice in a wide variety of settings, including large and small clinics, physician offices, home health, long term care, public health, community health, occupational health, school health, college health, military health, specialty clinics and other outpatient settings. Two general sessions and nine sets of concurrent sessions allow registrants to design a conference that meets their individual needs. Speakers include distinguished local, regional and national experts presenting on clinical assessment, nursing interventions, administrative/management issues and professional development. Conference goals are to strengthen the practice of nursing, promote innovation and create seamless systems for patients and communities. Teaching methods include lecture, discussion, case studies, hands-on skill development, poster sessions and collegial interchange.

**OBJECTIVES**
Upon completion of this conference, participants will be better able to:
1. Discuss updated information related to the clinical assessment, nursing management and prevention of common health problems seen in ambulatory care settings.
2. Describe strategies for dealing with administrative and management issues.
3. Describe strategies that promote professional development, including transition into new nursing roles in the ambulatory setting.

**PROVIDED BY**
University of Washington Continuing Nursing Education

**CO-PROVIDERS**
Environmental Health and Safety • Group Health Cooperative • Pacific Medical Centers • Public Health – Seattle & King County • Sea Mar Community Health Centers
Seattle Children's Hospital • Swedish Medical Center • The Everett Clinic • University of Washington School of Nursing • UW Medicine/Harborview Medical Center
UW Medicine/Northwest Hospital & Medical Center • UW Medicine/University of Washington Medical Center • UW Medicine/Valley Medical Center
Virginia Mason Medical Center • Washington State Nurses Association

**FEATURED SPEAKERS**

**WEDNESDAY KEYNOTE**
The Wild West: Outpatient Palliative Care
**Ellyn Lee, MD, FACP** is a board-certified internist, geriatrician and palliative medicine physician. She has given many lectures in the field of palliative care and recently published a book chapter on oncologic palliative care. Dr. Lee was recruited to Seattle to create an ambulatory palliative care program to serve the Swedish system. She now serves as the Director of Palliative Care at Swedish Cancer Institute in Seattle and strives to add additional palliative care clinics to all Swedish hospitals.

**THURSDAY KEYNOTE**
Caring Enough to Act: Keeping Patients Safe Through Their Health Journey
**Kristen M. Swanson, PhD, RN, FAAN** is a Professor and Dean of the College of Nursing at Seattle University. She recently served as Dean and Alumni Distinguished Professor at the UNC-Chapel Hill School of Nursing and Associate Chief Nursing Officer for Academic Affairs at UNC Hospitals. Her research focuses on caring, responses to miscarriage and interventions to promote healing after early pregnancy loss. Her caring theory has been used to guide practice, education and research in schools and healthcare settings around the world. She is an alumnus of the Robert Wood Johnson Executive Nurse Fellows Program, an advanced leadership initiative for nurses in senior executive roles who aspire to lead and shape the future U.S. Health System.

**CALL FOR POSTERS**
Discount available for poster presenters!
Have you developed an innovative strategy or program for delivering ambulatory care? Please consider presenting a poster at the conference to share your approach to enhancing patient care, practice or education. For poster guidelines, visit uwcne.org or email Jaime at jrwoods@uw.edu. **Abstracts are due April 17, 2015.**

**EXHIBITORS**
Reserve exhibit space online! Visit the Exhibitor Portal on our website at uwcne.org/exhibitors. For more information, please contact Corie Goodloe at corie@uw.edu or 206-616-3826.

\[ R_x = \text{This session qualifies for pharmacology contact hours at the advanced practice level} \]
PROGRAM SCHEDULE

WEDNESDAY, APRIL 22, 2015 | 8:15 AM - 4:05 PM
6.3 Contact Hours (Rx = up to 2.3)

7:30 Registration, Continental Breakfast and Exhibits
8:15 Welcome and Overview
8:30 KEYNOTE ADDRESS
The Wild West: Outpatient Palliative Care
Elly Lee, MD, FACP
9:30 Break, Exhibits and Poster Session
9:50 CONCURRENT SESSIONS A
A1. Ebola, Chikungunya, and Other Things that go Bump in the Night
Christopher Baliga, MD
A2. Photo-Responsive Dermatologic Conditions
Sarah Matthews, DNP, ARNP, FNP-BC
A3. Caring for Survivors of Childhood Cancer: Pearls for Primary Care
Lindsay VanderWoude, DNP, ARNP
A4. Evolving Career Pathways for Medical Assistants
Moderator: Valdencia Gossing, MSN, FNP-C, ARNP
Panel: Allison Turner, CMA; Michelle Leatherman, CMA;
Evah Lopez, MA-C; Lisa Puliafico, MA
Rx A5. Peripheral Infusion Therapy: Initiation and Assessment
Elizabeth Skelton, RN, CEN
11:00 Break, Exhibits and Poster Session
11:15 CONCURRENT SESSIONS B
Gwen Felizardo, BSN, RN, CIC
B2. Creating a Culture of Patient Safety in Ambulatory Care
James Park, MD
Rx B3. Ambulatory Update on ADHD and Anxiety in Pediatrics
Patti Varley, MN, ARNP, CNS
B4. Urgent Care vs. Emergency Room: Triaging Your Patients Appropriately
Karen Kilian, MN, ARNP, CCRN
B5. What Do I Do When a Patient Talks About Suicide?
Sue Eastgard, MSW
12:25 Lunch (provided), Exhibits and Poster Session
Optional Group Networking Meetings: 12:45-1:15 optional
1:30 CONCURRENT SESSIONS C
C1. Clinical Genomics
Anna B. Berry, MD
C2. Caregiver Burnout: Improving Quality of Life for Family Caregivers
Tricia Matteson, MSW, LSWAIC
C3. Foster Care Children and Trauma-Informed Care
Delilah Bruskas, PhD, MN, RN
C4. Health System Transformation and Workforce Development
Rebecca Burch, MPA, BS and Sue Grinnell, MPH, BS
C5. Preparing for the Next Outbreak
Stevan Odachowski, RN, CIC
2:40 Break, Exhibits and Poster Session
2:55 CONCURRENT SESSIONS D
D1. Primary Care + Mental Health Care = Good Care: Health Integration in the Primary Care and Mental Health Setting
Kelly Paananen, MN, ARNP and Jay Wellington, MSW, LICSW
D2. Heart Failure Update
Sandra Schutz, MSN, RN
D3. Pediatric Dermatology: The Itchy and Scratchy Show
Steven Gallardo, BSN, RN and Angela Panda, BSN, RN
D4. Effective Evidence-Based Fall Intervention for Community-Dwelling Older Adults
Jan Voit, PT
D5. Personal Protective Equipment: Review and Demonstration (limit 30)
Gwen Felizardo, BSN, RN, CIC
4:05 Adjourn (10 minutes of contact hours are included for online completion of the conference evaluation)

THURSDAY, APRIL 23, 2015 | 7:30 AM - 4:05 PM
7.0 Contact Hours (Rx = up to 4.6)

7:00 Registration, Continental Breakfast and Exhibits
7:30 CONCURRENT SESSIONS E
Barbara Albertson, MN, RN-BC and Kate Bracy, MS, RN, ARNP
E2. Engaging Mindfulness and Forging Meaning
B. Bartja Wachtel, LICSW, MLIS
E3. Abdominal Pain in Kids: Managing Theirs and Limiting Yours
Nancy Nelson, MSN, ARNP
E4. E-Resources for Evidence-Based Practice
Julie Planchon Wolf, MLIS
E5. Helping People Navigate the Washington Healthplanfinder
Daphne Pie
8:20 Break and Exhibits
8:30 Welcome and Overview
8:40 KEYNOTE ADDRESS
Caring Enough to Act: Keeping Patients Safe Through Their Health Journey
Kristen M. Swanson, PhD, RN, FAAN
9:40 Break, Exhibits and Poster Session
10:00 CONCURRENT SESSIONS F
Rx F1. Diabetes Update 2015
Subbulaxmi Trikudanathan, MD, MRCP, MMSc
F2. Middle East Respiratory Syndrome (MERS-CoV)
Mary Catlin, MPH, BSN, BA
F3. Pediatric Asthma Update: A Case Study
Lisa Musso, MN, ARNP, CPNP
F4. Electronic Medical Records (EMR) Training Challenges
Sarah Nell Reynolds, MS
F5. Alcohol SBIRT: Screening, Brief Intervention and Referral to Treatment
James A. Oliver, MA, CDP
11:10 Break, Exhibits and Poster Session
11:20 CONCURRENT SESSIONS G
Rx G1. Medical Marijuana: Clinical Implications
Jennifer Kapur, PharmD
G2. The Last Gift: Moving Through Grief by Leaving a Legacy
Carol Kummel, LICSW, MTS
G3. Achieving Excellence in Ambulatory Nursing Practice by Applying Magnet Criteria
Linda Latta, PhD, RN, NEA-BC
G4. Orientation and Competency Measurements for Medical Assistants
Nicole Arndres, MN, RN, CPN
G5. Tuberculosis Update 2015
Lana Tyer
12:25 Lunch (provided), Exhibits and Poster Session
12:45-1:15 Optional Session: Certification for Ambulatory Care Nurses
Barbara Albertson, MN, RN-BC and Kerri Black, BSN, RN-BC
1:30 CONCURRENT SESSIONS H
H1. Nurse Licensure Compact: Providing Care Across State Lines
Paula Meyer, MSN, RN, FRE
H2. Joint Replacement Surgery Patients: Implications for the Ambulatory Care Nurse
Gordy Fields, MSN, RN
H3. Pediatric Concussion and Mild Traumatic Brain Injury
J. Forrest Bennett, MN, ARNP, PNP-BC
H4. Urinary Incontinence in Women
Cindi Lewis, MD
1:30 CONCURRENT SESSIONS I
I1. Vascular Wounds: Assessment and Wound Care Management
Maureen McDonald, MSN, RN, CWCN
I2. Immunization Skills: General rules, Handling, Administration and Follow-up
(10 minutes of contact hours are included for online completion of the conference evaluation)
2:40 Break, Exhibits and Poster Session
2:55 CONCURRENT SESSIONS J
J1. Have You Traveled to a Less Developed Country in the Last 21 Days
Marguerite Brady, MSN, ARNP
J2. Working with LGBTQ Teens and Families
Jen Brown, DNP, MSN, ARNP
Bria Chakofsky-Lewy, MN, RN
J5. Immunization Skills: General Rules, Handling, Administration and Follow-Up
(10 minutes of contact hours are included for online completion of the conference evaluation)
4:05 Adjourn (10 minutes of contact hours are included for online completion of the conference evaluation)
SPEAKERS

Barbara Albertson, MN, RN-BC, Clinical Nurse Educator, Nursing Staff Development, UWMC
Nicole Ardres, MN, RN, CPN, Unit Based Educator, Ambulatory Services, Seattle Children's
Christopher Baliga, MD, Infectious Disease Physician, Virginia Mason Medical Center, Seattle
J. Forrest Bennett, MN, ARNP, PNP-BC, Nurse Practitioner, Rehabilitation Medicine, Seattle Children's
Anna B. Berry, MD, Scientific Director of Personalized Medicine, CellNetix Pathology and Laboratories, Swedish Cancer Institute
Kate Bracy, MS, RN, ARNP, Nursing Staff Development Specialist, PHSKC
Kerri Black, BSN, RN-BC, Professional Development Specialist, Clinical Network, VMC
Marguerite Brady, MSN, ARNP, Nurse Practitioner, Travel and Primary Care Clinics, UW Medicine/UW Hall Health Center, Seattle
Jen Brown, DNP, MSN, ARNP, Psychiatric Nurse Practitioner, Shife Health LLC
Delilah Bruskas, PhD, MN, RN, Founder and Executive Director, Pacific NW Alumni of Foster Care, Tacoma
Rebecca Burch, MPA, BS, Manager of Special Initiatives, Office of Health Innovation and Reform, Division of Policy, Planning and Performance, Washington State Health Care Authority
Mary Catlin, MPH, BSN, BA, Interim Manager, Infection Control and Employee Health, Group Health Cooperative, Seattle
Bria Chakofsky-Lewy, MN, RN, Formerly Community House Calls/Interpreter Services, HMC
Rebecca Dubin, BSN, RN, Immunization Public Health Nurse, Communicable Disease Epidemiology and Immunizations, PHSKC
Sue Eastgard, MSW, Director of Training, Forefront-Innovations in Suicide Prevention, Seattle
Gwen Felizardo, BSN, RN, CIC, Infections Prevention Consultant, Private Practice, Tacoma
Gordy Fields, MSN, RN, Clinical Supervisor, Issaquah Campus, Swedish Issaquah; Clinical Coordinator for Issaquah Orthopedic Joint Program and Issaquah Stroke Program
Steven Gallardo, BSN, RN, Registered Nurse, Dermatology, Seattle Children's
Valencia Gossing, MSN, FNP-C, ARNP, Formerly, Clinical Trainer and Project Manager, Pacific Medical Centers, Seattle
Sue Grinnell, MPH, BS, Special Assistant, Health Transformation and Innovation, Washington State Department of Health, Olympia
Jennifer Kapur, PharmD, Pharmacist, Ambulatory Pharmacy, HMC
Karen Kliban, MN, ARNP, CCN, Pediatric Nurse Practitioner, Urgent Care/Emergency Department, Seattle Children's
Carol Kummert, LICSW, MTS, Palliative Care Social Worker, UWMC
Linda Latta, PhD, RN, NEA-BC, Magnet Program Director, Seattle Children's
Michelle Leatherman, CMA, Clinical Supervisor, The Everett Clinic at Stanwood and Marysville
Ellyn Lee, MD, FACP, Director of Palliative Care, Swedish Cancer Institute, Seattle
Cindi Lewis, MD, Urologist, VMC
Eva Lopez, MA-C, Medical Assistant Supervisor, Sea Mar Community Health Centers, Seattle
Tricia Matteson, MSW, LSWAIC, Oncology Social Worker, Swedish Cancer Institute, Issaquah
Sarah Matthews, DNP, ARNP, FNP-BC, Dermatology Nurse Practitioner, Group Health Cooperative, Seattle
Maureen McDonald, MSN, RN, CWCN, Clinical Nurse Specialist, Group Health Consultative Wound Team, Seattle
Paula Meyer, MSN, RN, FRE, Executive Director, Nursing Care Quality Assurance Commission, Washington State Department of Health, Olympia
Lisa Musso, MN, ARNP, CPNP, Pediatric Nurse Practitioner, Pulmonary and Sleep Division, Seattle Children's
Nancy Nelson, MSN, ARNP, Pediatric Nurse Practitioner, Division of Gastroenterology, Seattle Children's
Steven Odachowski, RN, CIC, Infection Preventionist, Multicare Health System, Tacoma
James A. Oliver, MA, CDP, Director of Washington Screening, Brief Intervention and Referral to Treatment (SBIRT) Services, DSHS, Division of Behavioral Health and Recovery, Lacey
Kelly Paananen, MN, ARNP, Director of Healthcare Specialists, HMC
Libby Page, MPH, Immunization Assessment and Promotion Program, PHSKC
Angela Panda, BSN, RN, Registered Nurse, Dermatology, Seattle Children's
James Park, MD, Associate Medical Director, Clinic Network, VMC
Daphne Pie, Program Manager IV, PHSKC/Access and Outreach, Seattle
Lisa Puliafico, MA, Lead Medical Assistant, UWMC Regional Heart Center
Sarah Neil Reynolds, MS, Manager, Technical Training, Pacific Medical Centers, Seattle
Sandra Schutz, MSN, RN, Clinical Educator, Overlake Medical Center, Bellevue
Elizabeth Skelton, RN, CEN, Emergency Department Educator and Trauma Program Manager, UW Medicine/Northwest Hospital & Medical Center, Seattle
Kristen M. Swanson, PhD, RN, FAAN, Dean and Professor, Seattle University College of Nursing, Seattle
Subbulaxmi Trikudanathan, MD, MRCP, MMSc, Clinical Assistant Professor, Division of Endocrinology, Nutrition and Metabolism, UWMC
Allison Turner, CMA, Healthcare Applications Analyst, Pacific Medical Centers, Seattle
Lana Kay Tyer, RN, MSN, TB Nurse Consultant, WA State Department of Health, Olympia
Patti Varley, MN, ARNP, CNS, Psychiatric Nurse Practitioner, Seattle Children's
Jan Voit, PT, Physical Therapist, Outpatient Physical Therapy Clinic and Fall Prevention Clinic, HMC; Authorized Trainer, Tai Chi, Moving for Better Balance
B. Bartja Wachtel, LICSW, MHP, Clinical Social Worker, Neuroscience Institute, Virginia Mason Medical Center, Seattle
Jay Wellington, MSW, LICSW, Clinical Social Worker and Social Work Supervisor, UW Neighborhood Clinics, Kent
Julie Planchnon Wolf, MLIS, Research and Instruction/Nursing and Health Studies Librarian, Campus Library, UW Bothell and Cascadia College, Bothell
Lindsay Vander Woude, DNP, ARNP, Pediatric Nurse Practitioner, Cancer and Blood Disorders Center, Seattle Children's

PLANNING COMMITTEE

Barbara Albertson, MN, RN-BC, Clinical Nurse Educator, Nursing Staff Development, UW MC
Susan Allen, BSN, RN, Clinical Practice Specialist, Group Health Cooperative, Seattle
Kerri Black, BSN, RN-BC, Professional Development Specialist, Clinical Network, VMC
Kate Bracy, MS, RN, ARNP, Nursing Staff Development Specialist, PHSKC
Nancy Campbell, BSN, RN, Clinical Coordinator, Day Surgery, UW Medicine/Northwest Hospital & Medical Center, Seattle
Amy Christian, MSN, RN, OCN, Manager, Swedish Cancer Institute Issaquah and Eastside Oncology
Natalie Conner, MS, RN-BC, Nurse Manager, Health Sciences Immunization Program, Environmental Health and Safety, Campus Preventive Health, Seattle
Sally Cramer, BSN, RN, Staff Nurse, Neurosurgery, Virginia Mason Medical Center, Seattle
Christine Espina, DNP, MN, RN, Nurse Planner, Continuum Nursing Education, UW School of Nursing
Suzanne Goset, BA, ASN, RN, Clinical Educator, The Everett Clinic, Everett
Val Gossing, MSN, FNP-C, ARNP, Clinical Trainer and Project Manager, Pacific Medical Centers, Seattle
Beverly Hagar, BSN, RN, COHN-S, Employee Health Supervisor, Virginia Mason Medical Center, Seattle
Sallie Davis Kirsch, PhD, RN, Director, Ambulatory Quality and Clinical Practice, Seattle Children's
Sherri McDonald, MPA, RN, Public Health Nurse and Administrator (retired), Public Health; Independent Consultant, McDonald Consulting
Kathy Mertens, MN, MPH, RN, Director, Clinical Care Systems, Ambulatory & Allied Care Services, HMC
Jaime Navetta, MA, Cnd, MN, Cne, Associate Director and Lead Nurse Planner, Continuum Nursing Education, UW School of Nursing
Virginia Ramos, RN, ASN, BSIM, Clinical Care Teams Manager and Infection Control Nurse, Sea Mar Community Health Center, Seattle

HMC=UW Medicine/Valleymedical Center, Seattle
PHSKC=Public Health – Seattle & King County
Seattle Children's=Seattle Children's Hospital, Seattle
UW=University of Washington, Seattle
UWMC=UW Medicine/University of Washington Medical Center, Seattle
VMC=UW Medicine/VaMy Medical Center, Renton
PROFESSIONAL CREDIT
At the end of the conference:
• Log in to your account at uwcne.org
• Complete the online conference evaluation
• Print your own contact hour certificate upon completion of the evaluation

Up to 13.3 contact hours will be awarded. Attendance at all sessions and submission of a conference evaluation form are required for successful completion.

Nurses:
• Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
• UWCNE is approved as a Washington state clock hour provider by the Washington State Board of Education.
• Provider approved by the California Board of Registered Nursing, Provider #07218, for 13.3 contact hours.

CMAs: A certificate for 13.3 contact hours will be awarded for use in documenting attendance at this continuing education program. AAMA permits up to 40 recertification points to be accumulated from non-AAMA sources such as UWCNE.

All Other Disciplines: A certificate for 13.3 contact hours will be awarded for use in documenting attendance at this continuing education program.

CONFERENCE LOCATION
Lynnwood Convention Center • 3711 196th St. SW, Lynnwood, WA 98036

Directions:
From the South/Seattle: Take I-5 North; take Exit 181B (Alderwood Mall); turn left onto Poplar Way (first light); turn left onto 196th Street; drive west over freeway one block to the convention center (on the right).
From the North/Everett: Take I-5 South; take Exit 181 West (524 West); stay in the right lane for 1/4 mile; exit onto 196th; turn right onto 36th Ave West; turn left at first light into the convention center parking lot.
From Eastside/Bellevue: Take 405 North; merge onto I-5 South; take Exit 181 West; drive west over freeway one block to convention center (on the right)

Parking: Free parking is available in the convention center lot.

HOTEL INFORMATION
UWCNE conference rates and shuttle service to the conference center may be available at this hotel if requested in advance. Request the UW Nursing rate.

Courtyard Marriott, Lynnwood
4220 Alderwood Mall Blvd, Lynnwood, WA 98036 • 425-670-0500 • www.marriott.com

Embassy Suites, Lynnwood
20610 44th Ave W., Lynnwood, WA 98036 • 425-775-2500 • www.embassysuites.com

Hampton Inn & Suites, Seattle-north/Lynnwood
19324 Alderwood Mall Pkwy, Lynnwood, WA 98036 • 425-771-1888 • www.hamptoninnseattlenorth.com

REGISTRATION INFORMATION
Register Online: Register at the conference portal: uwcne.org/ambulatory2015

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<th>Registration Fees</th>
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<td>Individual Rate</td>
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Registration fees include: Tuition, web access to handouts, continental breakfast and lunch

Program Changes: UWCNE reserves the right to revise the program schedule as needed.

Refund Policy: If you register and then are unable to attend or send a substitute, you may obtain a refund or the fee less $35 for handling by submitting a written request to UWCNE prior to the conference. In the event of course cancellation, registration fees are automatically refunded in full. Costs incurred by the registrant such as airline or hotel penalties are the responsibility of the registrant.

Lunch: Although we try to be sensitive to many common dietary restrictions in planning our complimentary food menu, if you have special dietary needs, please bring food items that will meet your individual nutritional requirements.

DISABILITY ACCOMMODATION
The University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance of the conference at: 206-543-6450/V, 206-543-6452/TTY, 206-685-7264 FAX, or dso@uw.edu.

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