Join over 20 organizations in holding this unique distance learning continuing education course at your agency.

CO-SPONSORSHIP INVITATION

MEDICAL-SURGICAL REVIEW AND UPDATE
Enhancing Medical-Surgical Nursing Practice

JANUARY 10 - APRIL 18, 2019
15 Sessions | 46.5 contact hours

A customizable, blended learning course that prepares nurses for certification and improves patient outcomes.

PROVIDED BY

SCHOOL OF NURSING
UNIVERSITY of WASHINGTON
Continuing Nursing Education

UW Medicine
UNIVERSITY OF WASHINGTON MEDICAL CENTER
Join us this year!

FEATURED TOPICS
- Acute Pain Management
- Cardiovascular Impairment
- Caring for the Older Adult
- Endocrine Disorders
- Fluid and Electrolytes/Acid-Base Balance
- Focused Caring
- GI Disorders
- Hematological Disorders
- Infection Prevention
- Legal and Ethical Issues
- Mental Health
- Neurological Impairment
- Orthopedic Issues
- Renal System
- Respiratory Disorders
- Sepsis Management
- Wound Care

97% of participants have passed ANCC and AMSN certification exams over the past 10 years!

Madigan Army Medical Center

Alaska Native Medical Center

UW Medicine/University of Washington Medical Center
Your agency is invited to partner with us!
You are invited to partner with the University of Washington to bring this unique 15-week, online continuing education course to nurses at your organization. The course combines distance learning methods with agency-based mentorship to prepare nurses for certification in medical-surgical nursing and update medical-surgical nursing practice. With the group-paced learning model, your agency will participate as part of a greater cohort of nurses at healthcare agencies in urban and rural areas.

Customizable, blended learning
Video lectures are posted online for nurses at participating sites. Organizations may hold class entirely online or choose to augment online study with an onsite component. An Agency Coordinator (AC) at each site mentors participants and organizes the onsite component at the agency's discretion. Participants earn 46.5 contact hours upon successful completion.

15 weeks of expert content
- Class content is released each Thursday. Weekly activities should be completed by the following Wednesday. Class time requires 3 hours and 15 minutes each week.
- Online classes do not require onsite attendance. Any requirement to attend in-person sessions is optional and at the agency's discretion.
- Content is posted on a password-protected website, and is available to all participants 24/7.

Notable outcomes
The medical-surgical certification pass rate over the past ten years has averaged 97%. Nurses come away from this course with increased confidence, competence, leadership and initiative in their practice.

Agency Coordinators
Each organization designates a qualified candidate as the Agency Coordinator (AC). ACs are experienced nurses who mentor participants about practice and certification issues, track participants' progress through the course, and communicate with UWCNE staff and facilitators. Appointing an Assistant AC is recommended for large classes of 15 or more participants. Tuition for the AC is fee-exempt. Tuition for an Assistant AC is fee-exempt if your agency registers 15 or more participants.
Agency Coordinators are encouraged to organize additional social and educational activities relevant to class content, such as onsite lectures featuring local speakers, a virtual group discussion board, study sessions, or an end-of-course celebration.

Agency support for the AC
Agency support for the series and the work of the AC is key to a successful course! Your agency is responsible for providing:
- Space, equipment and technical support as needed.
- Support for fulfilling responsibilities of the AC role, including remote-access meetings.
- Release time to attend the annual conference, Update in Medical-Surgical Nursing, November 1-2, 2018 in Seattle, WA (optional).
- Release time for 15 class sessions if holding onsite class meetings (optional).
- Release time for guest speakers (optional at the agency's discretion).

Cost of co-sponsorship
The co-sponsorship fee for this course is $4750, which covers tuition for 1-10 participants. Each additional registration (over 10) is $475.

Learn more about becoming a Co-Sponsor
UW CONTINUING NURSING EDUCATION | medsur@uw.edu | 206-543-1047
LEAD NURSE PLANNER | Joan Riesland, MEd, BSN, RN | Jriesl@uw.edu | 206-221-2405

COURSE CO-DIRECTORS
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<th>Providence St. Peter Hospital</th>
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This course is all about partnerships!

The following agencies in eight states have been co-sponsors for one or more years since 2005:

- Alaska Native Medical Center—Anchorage, AK*
- Columbia Basin Hospital—Ephrata, WA
- Columbia Memorial Hospital—Astoria, OR
- EHS-Deaconess—Spokane, WA
- Franciscan Health Systems—Tacoma, WA
- Island Hospital—Anacortes, WA
- Jefferson Healthcare—Port Townsend, WA
- Kittitas Valley Healthcare—Ellensburg, WA
- Kootenai Medical Center—Coeur d’Alene, ID*
- Madigan Army Medical Center—Tacoma, WA
- Manilaq Association—Kotzebue, AK
- Maui Memorial Hospital—Wailuku, HI
- MultiCare Health System—Tacoma, WA
- Overlake Hospital Medical Center—Bellevue, WA
- Pali Momi Medical Center—Aiea, HI
- PeaceHealth Ketchikan Medical Center—Ketchikan, AK
- PeaceHealth St. John Medical Center—Longview, WA
- PeaceHealth Peace Island Medical Center—Friday Harbor, WA
- PeaceHealth St. Joseph Hospital—Bellingham, WA
- Portneuf Medical Center—Pocatello, ID
- Providence Centralia—Centralia, WA
- Providence Regional Medical Center Everett—Everett, WA
- Providence St. Peter Hospital—Olympia, WA*
- Pullman Regional Hospital—Pullman, WA
- Sanford USD Medical Center—Sioux Falls, SD*
- Saint Alphonsus Regional Medical Center—Boise, ID
- Skagit Regional Health—Mount Vernon, WA
- St. Vincent Healthcare—Billings, MT
- Stephens Memorial Hospital—Norway, ME
- Straub Clinic & Hospital—Honolulu, HI
- Sunnyside Community Hospital—Sunnyside, WA
- Swedish Edmonds Hospital—Edmonds, WA
- Swedish Medical Center—Seattle, WA
- The Queen’s Medical Center—Honolulu, HI*
- UW Medicine/Harborview Medical Center—Seattle, WA
- UW Medicine/Northwest Hospital and Medical Center—Seattle, WA
- UW Medicine/University of Washington Medical Center—Seattle, WA*
- UW Medicine/Valley Medical Center—Renton, WA
- VAMC Portland—Portland, OR*
- Virginia Mason Medical Center—Seattle, WA
- Whidbey General Hospital—Coupeville, WA
- Yakima Valley Memorial Hospital—Yakima, WA

*ANCC Magnet-designated facility for nursing excellence
Options for Co-Sponsoring Agencies

This Medical-Surgical Review and Update is built to be customizable to your needs. Agencies have the option of organizing onsite class sessions or participating entirely online with optional class meetings. For either option, ACs are responsible for monitoring student progress and connecting with participants individually or as a group, as well as coordinating registrations and submitting a group roster to UWCNE.

Resources for the Agency Coordinator

Agency Coordinators have support from staff at UWCNE, an assigned mentor (member of the project steering committee) and a network of ACs at other sites. In addition, the AC has access to the following:

- Printed and downloadable AC Tool Kit.
- Preparation for the AC role via the AC Workshop.
- Print materials and e-announcements to promote the course within your agency.
- Access to all course materials, including lecture videos, practice test answers with rationale in PDF and PowerPoint format, and course syllabus.
- Agency Coordinator Portal includes the agency’s roster, tools for tracking student progress, custom sign-in sheets and more!
- E-mail notification of assignment submission.
- Evaluation forms for submitting formal feedback to UWCNE staff and the project steering committee.

Resources for Participants

The course syllabus, lecture videos and weekly handouts are available on a password-protected course website for participants to download or print for each class. Participants submit course assignments, take practice tests and complete evaluations online. Website access remains available to participants for one year after the course for review purposes and to support preparation for certification.

Individual Registrants

Nurses who are not affiliated with a co-sponsoring organization or who prefer to take the course independently can take the course entirely online with the support of a nurse mentor.

Option 1: Onsite Format

- 15 weekly, in-person class meetings, January-April 2019. Watch pre-recorded lecture videos as a group.
- Schedule at least 3 hours, 15 minutes for class time each week. New lectures are posted each Thursday.
- Having an in-person attendance requirement is optional at the discretion of the agency.
- Course materials are available online for all participants. 100% of online course components must be completed by course end date. AC monitors progress online via the Agency Coordinator Portal.

Space, Equipment and Technical Needs

Each agency is responsible for providing its own space, equipment and technical support. Reserve your space as soon as possible to avoid scheduling conflicts.

- A computer with high speed internet access
- LCD projector & screen or television monitor
- Powered audio speakers
- Onsite tech support to help the Agency Coordinator set up and oversee AV equipment as needed

Hint: Reserve your room for a practice session with AV equipment before the start of class!

Benefits of Onsite Sessions

1. Promotes networking among staff
2. Engages participants in group discussion around course topics or agency specific learning needs
3. Provides opportunities to:
   - Review difficult practice test questions
   - Answer questions about certification
   - Invite and listen to guest speakers
   - View media resources as a group
   - Share internal clinical practice examples
   - Teach agency-specific practice standards

Option 2: Online Format

- Participants view lecture recordings independently. New lectures are posted each Thursday.
- No in-person attendance requirement. Onsite sessions can be conducted with variable frequency at the agency coordinator’s discretion. Additional contact hours are not awarded for onsite meetings.
- 100% of online course components must be completed by course end date. AC monitors progress online via the Agency Coordinator Portal.
Agency Coordinator Information

**Agency Coordinator (AC) Job Description**

The AC is responsible for implementing the series at your agency. The AC’s role is to:

1. Promote the series within your agency. Printed promotional materials and e-announcements are provided by UWCNE.
2. Determine enrollment limits for your agency and send a roster of participants to UWCNE.
3. Reserve your classroom if participating in the onsite course format (Option 1). If your group is participating in the course entirely online (Option 2), reserve a classroom for any optional, onsite classes you wish to hold.
4. Read the 2019 AC Toolkit. One Toolkit per agency will be provided by UWCNE. Additional copies will be available to download online.
5. Attend the Agency Coordinator Workshop via remote access to prepare for the series. Required for new ACs. (See “Save These Dates”).
6. Arrange room reservations, including a pre-course practice session with AV equipment if you are conducting class onsite (Option 1).
7. Participate in teleconference meetings with the program Steering Committee and UWCNE Staff.
8. Coordinate the registration process at your agency.
9. Facilitate each session: create a positive learning environment, lead discussion, promote group process, monitor questions, review practice tests (Option 1).
10. Mentor participants about certification and practice issues.
11. Monitor participant completion of course requirements, including attendance (if required).
12. Communicate feedback to the course organizers and complete the AC Feedback Survey at the end of the series.
13. Report certification outcomes to UWCNE during the year following the series.

**Qualifications for AC Role**

A resume that reflects the information below is required for the AC role. A Biographical Data Form and Disclosure Form is required for each Agency Coordinator, each year the agency participates.

1. A current, unrestricted license in the nurse's state of residence.
2. Minimum of three years of experience as a medical-surgical nurse.
3. Bachelor of Science in Nursing (BSN).
4. Experience as a nurse educator and/or certified in a nursing specialty (med-surg preferred).
5. Excellent communication and organizational skills.
6. Interest in mentoring others. Prior experience as a well-regarded preceptor is highly recommended.
7. Ability to make a one year commitment.
8. Approval by the UW course steering committee.

**Benefits for Primary AC**

- FREE tuition to the premier two-day conference, Update in Medical-Surgical Nursing 2018, November 1-2, 2018 in Seattle, WA. Travel and lodging are the responsibility of the individual or agency.
- FREE tuition (46.5 contact hours) for the core series for which they serve as the AC.

**Assistant ACs have great benefits too!**

For agencies with **15 or more registrants**, the Assistant AC will receive:

- FREE tuition to the premier two-day conference, Update in Medical-Surgical Nursing 2018.
- FREE tuition for the course (46.5 contact hours). If under 15 registrants, the Assistant AC may audit the course for free, or register as a paid participant on the agency’s roster.

**Testimonials from Agency Coordinators**

“I loved encouraging nurses to grow in their profession. Reading about their clinical experiences really warmed my heart and made me very proud. I enjoy encouraging nurses to continue to grow professionally and get certified.”

“I love working with staff who want to advance their practice through programs like this. Coaching them on topics, discussing certification and continuing education, seeing them feel more competent in their practice - it's such a rewarding experience.”

“This is a great opportunity to expand your leadership and organizational skills. It provides opportunities to interface with staff from all areas of the facility. I enjoyed sharing my knowledge.”

“The UW staff support and guide you all the way through. The resources are fabulous and, additionally, the experienced ACs at various agencies are all supportive. All you need to do is ask for assistance.”

**Agency Registration**

The co-sponsorship fee for this course is $4750 to cover tuition for 1-10 people, plus $475 for each additional registrant over 10. Agency Coordinators are responsible for determining enrollment limits and filling the agency roster. Agencies will be invoiced in February (after the 3rd week of class), to allow time for an add/drop period. Fees are payable to the University of Washington.
SAVING THESE DATES!

Schedule for Agency Coordinators

- **MONDAY | JULY 30, 2018**
  Submit your Co-Sponsorship Agreement to UWCNE so that your agency can be included in the printed brochure. (Agreements will be accepted after this date and participating agencies will be included on the course website and an electronic version of the brochure.)

  **Deadline for submitting Co-Sponsorship Agreement:** Monday, Dec. 31, 2018

- **THURSDAY | OCT 18, 2018 | 1:00 – 4:00 PM**
  Agency Coordinator Workshop
  The AC workshop is held via video conference and includes tips for implementing the 2019 course, program updates, and opportunities to hear from experienced ACs.

- **THURSDAY | NOV 1, 2018 | 5:00 – 6:00 PM**
  AC Meeting and Reception, UW Tower, 4333 Brooklyn Ave. NE Seattle, WA
  Held in conjunction with the Update in Medical-Surgical Nursing Conference, the Agency Coordinator Reception is an opportunity to network with your fellow ACs from other participating agencies. Agency Coordinators attend the conference fee-exempt.

  **16th Annual Update in Medical-Surgical Nursing**
  November 1-2, 2018, 8:00 AM - 4:40 PM
  UW Tower, 4333 Brooklyn Ave. NE, Seattle, WA

- **TUESDAY | JAN 8, 2019 | 12:00-12:30 PM**
  Pre-course video conference meeting with Steering Committee and UWCNE Staff.

- **WEEKDAYS | JAN 10-APR 18, 2019**
  15 weekly classes (held via asynchronous access; online format will vary per agency’s discretion).

- **THURSDAY | APRIL 18, 2019 | 12:00-12:30 PM**
  Course wrap-up video conference meeting with Steering Committee and UWCNE Staff.

All times are in Pacific Standard Time (PST).

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**CLINICAL IMPACT OF THIS COURSE—TESTIMONIALS**

During the course, each participant writes at least two Clinical Examples reflecting on how the course content has enhanced their practice, improved patient care, promoted patient safety or contributed to “Ah-ha” moments of insight and reflection. Below are examples from participants that illustrate how the course can make a difference in patient outcomes and medical-surgical nursing practice.

**Confidence and Critical Thinking**

“I’ve been reflecting on my clinical practice ever since starting this course, and I’ve noticed many ways in which the course has greatly improved my general clinical practice. I read my lab values much better like BUN and CR, and keep an eye on the CBC. I’ve noticed that my assessment skills are much more on the ball, and I anticipate patients’ needs much better, based on their disease processes. I do my best to take of patients’ acute and chronic pain, and also keep an eye out for monitoring VS and lab values for sepsis management. I feel like this class has helped quite a bit with my patient care. I don’t do things just to do them, I do them more to fit into the bigger picture of my patient’s health and their trajectory.”

**Interprofessional Communication**

“My clinical example relates to week 3 when we studied the renal system. I am a nurse on an orthopedic floor and I mainly take care of total knee and total hip replacements. Two of our surgeons use celecoxib pre and post-operative. We monitor the patient’s creatinine levels after surgery to determine whether or not they get the drug, but recently I have noticed that pre-op gives celecoxib to everyone unless they have an allergy. Well, we have been noticing several patients have high creatinine and potassium levels on their BMP the day after surgery, so we looked at their history and noticed they had slightly elevated creatinine to begin with, and should not have been given celecoxib in pre-op. **When I noticed the trend of elevated creatinine levels, I talked to one of our Physician Assistants and developed a plan with him to ensure that all areas of the surgical teams know to check VS and lab values for sepsis management. I feel like this class helped prevent acute kidney injuries, helping to speed up discharge times and decrease post-operative complications.”

**Patient Care**

“During the fast-paced, stressful, at times chaotic activity of a 12-hour shift on my Med-Surg unit, I find that the first thing to go by the wayside is my compassion. I can become task-oriented and forget that the individual in the bed is a person deserving of my time and compassion. It’s a point of growth in my nursing care — reinvigorating and sustaining my compassionate caring — that challenges me every shift (and at home too as a new father). The Focused Caring lecture from the beginning of this course has been beneficial in helping me re-center into a caring mindset. It is a reminder, especially in times of stress on my unit, that it is important to slow down and provide attentive, personalized care to all my patients.”

**Professional Development**

“I volunteered to be part of our newly-formed Ethics Committee at our 24-bed critical access hospital. After reviewing the lecture on Legal & Ethical Issues, I shared that I thought it was important to start with the basics of the Nursing Code of Ethics and the Nurse Practice Act. The review seemed appropriate and was well received among both physicians and nurses. Nurses are feeling more empowered in supporting our patients’ decisions since the Ethics Committee has started meeting and we are all speaking the same language!”
COURSE CO-DIRECTORS

Colleen Karvonen, MN, RN, CMRSN, CWON  
Clinical Nurse Specialist, Wound/Ostomy, UWMC; Affiliate Instructor, BNHS, UW School of Nursing

Nancy Colobong Smith, MN, ARNP, CNN  
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Executive Sponsor

Cindy Sayre, PhD, ARNP  
Chief Nursing Officer, UWMC

BNHS=Biobehavioral Nursing and Health Systems  
HMC=UW Medicine/Harborview Medical Center, Seattle  
UW=University of Washington, Seattle  
UWMC=UW Medicine/University of Washington Medical Center, Seattle

ACCREDITATION

46.5 contact hours will be awarded for successful completion of this course.

• Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

• Provider approved by the California Board of Registered Nursing, Provider #7218.

GRANT RELATED INFORMATION

This project was supported in part by funds from the Division of Nursing (DN), Bureau of Health Professions (BHPr), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant #D11HP14630, “Using Technology to Enhance Medical-Surgical Nursing Practice,” 2009-2012. The overall goal of this project was to provide a unique medical-surgical nursing continuing education program, delivered with accessible technology and proven distance learning methods and designed to improve patient care and safety.

PUBLICATIONS


ACCESSIBILITY ACCOMMODATION

The University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance of the conference at: 206-543-6450/V, 206-543-6452/TTY, 206-685-7264 (FAX), or dso@uw.edu.