



Wound Management Fundamentals Course 2016

A Hybrid Course • Online/Onsite at multiple agencies • 30.0 contact hours

SPRING COURSE

May 2 - June 14, 2016

FALL COURSE

October 17 - December 2, 2016

TARGET AUDIENCE

For healthcare professionals in all settings, including wound care team members, treatment nurses, staff nurses and nurse managers in acute care, long term care, ambulatory care and community-based settings.

PROGRAM DESCRIPTION

This 30.0 contact hour course prepares healthcare professionals to practice evidence-based wound management with expanded skills and knowledge. Content is based on national wound management guidelines for a broad range of wounds.

COURSE FORMAT

The course is presented in two parts:

- **Six Weeks Online Learning:** The online phase of the course is taken independently which establishes a baseline level of knowledge for each participant. All assignments are completed and submitted online and can be accessed 24/7.
- **Two Day Onsite Learning (Workshop Format):** Following the online phase, participants attend a two-day workshop (8 AM to 5 PM) that includes additional lectures, demonstrations and hands-on skill development. Individual registrants attend the workshop at the Shoreline Conference Center. Registrants employed by a co-sponsoring agency attend the workshop at the agency designated workshop location. The course co-directors are available to support learning throughout both parts of the course.

COURSE REQUIREMENTS:

Course requirements include completion of all online modules, attendance at the two-day workshop, completion of weekly self-assessment quizzes, module evaluations, mid-course evaluation, workshop evaluation, overall course evaluation, pre-test, post-test and submission of one clinical example (a reflective learning assignment describing one situation in which course content is used in practice).

Syllabus: Handouts for the online and onsite portions of the course are accessible on the course website. Participants can access the course website for one year after the course enrollment date.

OBJECTIVES

Upon completion of this program, participants will be able to:

1. Describe the basic structure and function of skin.
2. Identify changes in the integumentary system over the life span.
3. Describe effective techniques for preventing skin damage.
4. Describe normal stages of wound healing.
5. Describe the impact of co-morbidities on wound development and closure.
6. Identify systemic factors, such as nutrition, perfusion and pathology that influence healing outcomes.
7. Assess and measure wounds, including venous, arterial, diabetic/neuropathic and pressure ulcers.
8. Describe wound product categories.
9. Demonstrate competencies in pressure ulcer staging, ankle brachial index (ABI) measurement, Semmes-Weinstein monofilament testing, application of selected compression wraps and documentation.

PROVIDED BY

University of Washington Continuing Nursing Education

CO-SPONSORED BY

Fairbanks Memorial Hospital • Island Hospital • Kindred Hospital • Madigan Army Medical Center • Martha and Mary • Olympic Medical Center & Forks Community Hospital • PeaceHealth St. Joseph Medical Center • PeaceHealth Ketchikan Medical Center • Providence Centralia Hospital • Providence Regional Medical Center • Swedish Medical Center • UW Medicine/University of Washington Medical Center • UW Medicine/Valley Medical Center • Virginia Mason Health Systems

CO-SPONSOR APPLICATIONS NOW BEING ACCEPTED!

Hospitals and agencies in all regions of the country are invited to co-sponsor the Wound Management Fundamentals Course. Contact Patty Morrison for more details at pdmor@uw.edu or 206-543-7967.

PROFESSIONAL CREDIT

30.0 contact hours will be awarded for successful completion of course requirements and attending both days of the workshop.

Nurses and Nurse Practitioners:

- Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- UWCNE is approved as a Washington state clock hour provider by the Washington State Board of Education.
- Provider is approved by the California Board of Registered Nursing, Provider #07218.

Other Disciplines: A certificate of contact hours will be provided to all participants for use in documenting completion of this continuing education offering.

PROGRAM DIRECTORS AND CORE FACULTY

Renee Anderson, MSN, RN, CWON

Co-Director, Wound Management Education Program (WMEP) and Wound Management Fundamentals Course (WMFC), Continuing Nursing Education, University of Washington School of Nursing, Seattle; President, Rainier Clinical Consultants, Inc., Seattle

Betty Hanrahan, MSN, CNS, ARNP-BC, CWCN-AP, CWS, FACCWS, CFCN

Co-Director, Wound Management Education Program (WMEP) and Wound Management Fundamentals Course (WMFC), Continuing Nursing Education, University of Washington School of Nursing, Seattle; Fellow, College of Certified Wound Specialists

PROGRAM DEVELOPMENT COMMITTEE

Renee Anderson, MSN, RN, CWON*

Martha DuHamel, MPH, Emeritus Assistant Dean for CNE, UW

Betty Hanrahan, MSN, CNS, ARNP-BC, CWCN-AP, CWS, FACCWS, CFCN*

Patricia Merry, BA, Director of Public Information and Web Development, CNE, UW

Patty Morrison, MDiv, Coordinator of Wound Fundamentals, CNE, UW

Donna Nichols, BA, Executive Director, CNE, UW

Joan Riesland, MEd, BSN, RN, Continuing Education Specialist and Lead Nurse Planner, CNE, UW

Shannon Summers, MEd, MCHES, RPSGT, Director of Specialty Programs, CNE, UW

Nole Ann Ulery-Horsey, BS OT, Continuing Education Specialist, CNE, UW

JoAnne Whitney, PhD, RN, CWCN, FAAN, Certified Wound Care Nurse; Professor, Biobehavioral Nursing and Health Systems, and Associate Dean for Research, UW; UW Medicine/Harborview Medical Center Research Scientist and Endowed Professor in Critical Care Nursing, Seattle

*See Program Directors and Core Faculty

CNE=Continuing Nursing Education, UW School of Nursing

UW=University of Washington, Seattle

WMEP=Wound Management Education Program, CNE, UW School of Nursing

CO-SPONSORING SITES | AGENCY COORDINATORS | REGISTRATION CONTACTS

WMFC SITES	AGENCY COORDINATOR • REGISTRATION CONTACT
Fairbanks Memorial Hospital (Fairbanks, AK)	Jennifer Gehrke, MS, RN, Clinical Educator jennifer.gehrke@bannerhealth.com • 907-458-5546
Island Hospital (Anacortes, WA)	Kathy Corrion, BSN, RN, Clinical Education Coordinator kcorrion@islandhospital.org • 360-299-1300 x2600
Kindred Hospital (Seattle, WA)	Rebekah Dodson BSN, CWCN, Wound Care Director Rebekah.Dodson@kindred.com • 206-922-6510
Madigan Army Medical Center (Tacoma, WA)	Nancy Hodge, MSN, RN, ACNS-BC, CWCN, Clinical Nurse Specialist nancy.s.hodge.civ@mail.mil • 253-968-3481
Martha and Mary (Poulsbo, WA)	Kelsey Stedman, MSN, RN, CWCN, Wound Management Coordinator kstedman@mmhc.org • 360-908-6751
Olympic Medical Center (Port Angeles, WA) Forks Community Hospital (Forks, WA)	Gretchen Souza, BSN, RN, Education Manager gsouza@olympicmedical.org • 360-417-8695
PeaceHealth Ketchikan Medical Center (Ketchikan, AK)	Jolene Westlund, RN, Educator jwestlund@peacehealth.org • 907-225-9319
PeaceHealth St. Joseph Medical Center (Bellingham, WA)	Cris Gonzales, MSN, RN-BC, CMSRN, Clinical Nurse Educator cgonzales@peacehealth.org • 360-756-6825
Providence Centralia Hospital (Centralia, WA)	Lisa Gallagher, BSN, RN, Clinical Nurse Educator lisa.gallagher@providence.org • 360-827-8596
Providence Regional Medical Center (Everett, WA)	Valerie Stalsbroten, MN, BSN, BS, Clinical Educator Valerie.Stalsbroten@providence.org • 360-421-0993
Swedish Medical Center (Seattle, WA)	Birgit Petersen, BSN, RN, CWCN, Wound/Ostomy Clinical Nurse Specialist birgit.petersen@swedish.org • 206-320-2492
UW Medicine/University of Washington Medical Center (Seattle, WA)	Colleen Karvonen, MN, RN, CMSRN, CWON, Wound/Ostomy Clinical Nurse Specialist colleenk@uw.edu • 206-598-5604
UW Medicine/Valley Medical Center (Renton, WA)	Laurie Force, MS, ARNP-BC, CWON, Inpatient Wound/Ostomy Program Manager laurie_force@valleymed.org • 425-656-5327
Virginia Mason Health Systems (Seattle, WA)	INPATIENT Shirley Klakken, MSN, RN, Professional Development Specialist shirley.kopf-klakken@virginiamason.org • 206-341-0945 OUTPATIENT Susan Talbot, MN, RN, Professional Development Specialist susan.talbot@virginiamason.org • 206-625-7373 Ext. 61817
Individual Registrants (Seattle, WA)	Patty Morrison, MDiv, Continuing Education Specialist pdmor@uw.edu • 206-543-7967

COURSE PORTAL | SCHEDULE

SPRING COURSE | MAY 2 - JUNE 14, 2016

COURSE PORTAL: www.uwcne.org/wmfc-spring-2016

ONLINE: Monday, May 2 - Sunday, June 12

WORKSHOP: Monday-Tuesday, June 13-14, 8:00 AM - 5:00 PM

FALL COURSE | OCTOBER 17 - DECEMBER 2, 2016

COURSE PORTAL: www.uwcne.org/wmfc-fall-2016

ONLINE: Monday, October 17 - Sunday, November 27

WORKSHOP: Thursday-Friday, December 1-2, 8:00 AM - 5:00 PM

PLEASE NOTE: Workshop dates may vary for asynchronous sites.

COURSE CONTENT | Part 1 | Online learning

Week 1	<ul style="list-style-type: none">• Characteristics of human skin and soft tissue including changes over the lifespan• Why wounds happen and how they heal• Role of nutrition in managing chronic wounds
Week 2	<ul style="list-style-type: none">• Comprehensive wound assessment• Principles of wound management• Topical wound management, Part 1
Week 3	<ul style="list-style-type: none">• Pressure ulcer scope, etiology, staging, risk assessment, prevention and management• Pressure redistribution and offloading
Week 4	<ul style="list-style-type: none">• Etiology, assessment and management of venous ulcers• Compression therapy• Topical wound management, Part 2
Week 5	<ul style="list-style-type: none">• Overview of diabetes• Diabetic and neuropathic wound assessment and management• Arterial wound assessment and management
Week 6	<ul style="list-style-type: none">• Skin tear assessment and management• Assessment and management of surgical wounds• Negative pressure basics• Wound documentation

COURSE CONTENT | Part 2 | Workshop

Days 1 and 2 8:00 AM - 5:00 PM	<ul style="list-style-type: none">• ABI measurement• Case-based chronic wound management• Compression therapy• Measuring wounds• Review of skin and wound assessment• Monofilament testing• Negative pressure• Topical product review
--	--

WORKSHOP LOCATIONS

Individual Registrants:

Registrants who are not employed by a co-sponsoring agency attend the two-day workshop at the Shoreline Conference Center (18560 1st Ave NE, Shoreline, WA, 98155). Core faculty conduct the in-person workshop. Individual registrants who wish to attend the workshop at a co-sponsoring agency rather than in Shoreline must have special permission. Contact Patty Morrison at 206-543-7967 or pdmor@uw.edu for information about space availability at other sites.

Registrants Employed by a Co-Sponsoring Agency:

Registrants who are employed by a co-sponsoring agency attend the two-day workshop at their own facility. Participants watch the workshop live from their workplace via online technology and receive hands-on instruction from agency designated wound care specialists.

HOTELS NEAR SEATTLE WORKSHOP

UWCNE conference rates and shuttle service to the conference center may be available at this hotel if requested in advance.

Request the UW Nursing rate.

Courtyard Marriott, Lynnwood

4220 Alderwood Mall Blvd, Lynnwood, WA 98036 • 425-670-0500 • www.marriott.com

Embassy Suites, Lynnwood

20610 44th Ave W., Lynnwood, WA 98036 • 425-775-2500 • www.embassysuites.com

Hampton Inn & Suites, Seattle-North/Lynnwood

19324 Alderwood Mall Pkwy, Lynnwood, WA 98036 • 425-771-1888 • www.hamptoninnseattlenorth.com

REGISTRATION INFORMATION

Individual Registrant

COURSE FEE:

The fee for an individual registrant is \$695. The fee includes continental breakfast and lunch at the workshop at Shoreline Conference Center.

TO REGISTER FOR THE COURSE:

1. Go to the course website:

- Spring Course: May 2-Jun 14 www.uwcne.org/wmfc-spring-2016
- Fall Course: Oct 17-Dec 2 www.uwcne.org/wmfc-fall-2016

2. Login or create a new UWCNE account.

3. Complete registration process and pay course fee of \$695 (VISA or Mastercard). An email will be sent to you immediately confirming your registration.

Co-Sponsoring Agency Registrant

COURSE FEE:

Request information from your Agency Coordinator about eligibility requirements and tuition (see registration contacts).

REGISTRATION DETAILS:

- Enrollment may be limited at your site. Early registration is strongly recommended.
- Employees of a co-sponsoring agency must attend the workshop at the agency designated workshop location or pay the individual registration fee.

TO REGISTER FOR THE COURSE:

1. Attain approval from your Agency Coordinator to take this course.

2. Receive the document Getting Started from your Agency Coordinator which will include information on how to register online for this course.

3. Register for the course online at:

- Spring Course: May 2-Jun 14 www.uwcne.org/wmfc-spring-2016
- Fall Course: Oct 17-Dec 2 www.uwcne.org/wmfc-fall-2016

REFUND POLICY | CANCELLATION POLICY

If you withdraw prior to the start of the course, you may request a refund less \$50. No refunds are permitted after the course begins. If the course is cancelled, all fees will be refunded in full. Airline and hotel penalties related to the workshop are the responsibility of the registrant.

DISABILITY ACCOMMODATION

The University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance of the conference at: 206-543-6450/V, 206-543-6452/TTY, 206-685-7264 FAX, or dso@uw.edu.