TARGET AUDIENCE
For nurses, clinical nurse specialists, nurse practitioners, physician assistants, physicians, respiratory therapists, psychologists, pharmacists, social workers, physical therapists and other interested healthcare professionals in all settings.

CONFERENCE DESCRIPTION
Pain causes extensive suffering, disability and expenditure of scarce healthcare resources. This conference focuses on the challenge of pain management for healthcare professionals across the healthcare continuum. Evidence-based strategies for assessing and managing pain in acute, ambulatory, specialty and palliative care settings are presented by regional and national pain specialists. Teaching methods include lecture, discussion, case studies, and inter-professional dialogue.

OBJECTIVES
Upon completion of this conference, participants will be better able to:

DAY 1
1. Provide an overview and update of pain care in America.
2. Learn why pain intensity is the wrong goal for chronic pain care.
3. Learn why opioids and benzodiazepines are often prescribed together.
4. Identify potential indications and limitations for using non-pharmacologic agents in pain management.
5. Review pathophysiology and mechanisms of pain in sickle cell anemia.
6. Discuss definition of neuropathic pain with implication for diagnosis.

DAY 2
1. Review National and State standards and expectations when prescribing opioids and other controlled substances.
2. Recognize the impact of pain on mechanical and physiologic experiences of sex.
3. Learn the power of healing communication in crisis and non-crisis situations.
4. Educate attendees on the Patient Perspective.
5. Describe the practice history of dosing to numbers.
6. Review effectiveness and scientific understanding of the most common Integrative modalities in Western Medicine.
7. List at least 3 principles of managing acute pain in patients with chronic pain.

PROVIDED BY
University of Washington School of Nursing, Continuing Nursing Education

CO-PROVIDED BY
Cambia Palliative Care Center of Excellence • CHI Franciscan Health • John D. Loeser NIH Consortium Center of Excellence in Pain Education • Seattle Cancer Care Alliance • University of Washington School of Medicine, Continuing Medical Education • UW Medicine/Harborview Medical Center • UW Medicine/University of Washington Medical Center

PROFESSIONAL CREDIT
Both days: 14.6 contact hours (Rx=5.5) • Wednesday: 7.3 contact hours (Rx=2.5) • Friday: 7.0 (Rx=3.0)
Attendance at all sessions and submission of a conference evaluation form is required for successful completion.

Nurses and Nurse Practitioners:
• Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
• UWCNE is approved as a Washington state clock hour provider by the Washington State Board of Education.
• Provider approved by the California Board of Registered Nursing, Provider #7218.

Physicians and Physician Assistants: Registration for AMA PRA Category 1 Credit™ will be available at the conference for an additional fee of $35 payable to University of Washington Continuing Medical Education.
• This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Washington School of Medicine and the University of Washington School of Nursing. The University of Washington School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.
• The University of Washington Continuing Medical Education designates this live activity for a maximum of 13.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists and Social Workers: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-924-240(1) for psychologists and WAC 246-809-610 for social workers and counselors.

Respiratory Therapists: UWCNE qualifies as a Washington State CE program sponsor under the Washington Administrative Code, WAC 246-928-442.

All Other Disciplines: A certificate will be awarded to document attendance at this continuing education program.
PROGRAM SCHEDULE

**Wednesday—January 18, 2017**

7:30  Registration, Exhibits, Continental Breakfast
8:00  Welcome and Overview
8:10  Pain Care in America: At the Crossroad  David Tauben
9:20  Break and Exhibits
9:35  Is Pain Intensity the Wrong Metric for Chronic Pain?  Mark Sullivan
10:05 Opioids plus Benzos: a Dangerous Combination (Rx)  Mark Sullivan
10:35  Break
10:45  Non-opioid Pharmacological Management of Pain  Mina Lee | Jessica Chi
11:45  Lunch (provided) and Exhibits
12:30  Pain Management in Sickle Cell Disease  Alix Dassler
1:20  Break and Exhibits
1:35  Neuropathic Pain: Guidelines and Practical Management (Rx)  Miroslav “Misha” Backonja
2:35  Stretch Break
2:45  Fibromyalgia Syndrome: A New Look at an Old Problem  Jim Robinson
3:45  Stretch Break
3:50  Substance Use Disorder and pain: Management Strategies  Jim Walsh
4:50  Adjourn

**Thursday—January 19, 2017**

7:30  Registration, Exhibits, Continental Breakfast
8:00  Welcome and Overview
8:05  Protecting Your Practice When Prescribing Controlled Substances  Pam Davies
9:20  Break and Exhibits
9:35  Sex and Chronic Pain  Kristin Lucas
10:35  Stretch Break
10:45  The Healing Power of Positive Communication  Barbara Dailey
11:45  Lunch (provided) and Exhibits
12:30  Moving Forward: The Patient Perspective  Ron Weaver
1:30  Break and Exhibits
1:45  The Hazards of Prescribing and Administering Opioids Based Solely on Intensity: An ASPMN Position Statement (Rx)  Diana Rae
2:35  Break and Exhibits
2:45  Integrative Modalities for Non-Pharmacologic Pain Management  Barbara Dailey
3:45  Stretch Break
3:50  Management of Acute Pain in the Presence of Chronic Pain and Opioid Tolerance (Rx)  Debra Gordon
4:50  Adjourn

**SPEAKERS**

**Miroslav “Misha” Backonja**, MD, Attending Physician, UW Center for Pain Relief; Clinical Professor, Department of Neurology, UWMC; Professor Emeritus Department of Neurology; University of Wisconsin-Madison; Senior Medical Director, Worldwide Clinical Trials, Morrisville, NC

**Jessica Chi**, PharmD, BS, Pharmacy Resident, UWMC

**Barbara Dailey**, DNP, ARNP, CCMSHt, FIBH, Nurse Practitioner and Medical Hypnotherapist, Supportive Therapies, PLLC, Kenmore; Per Diem Nurse Practitioner, NWHMC

**Alix Dassler**, MSN, ARNP, FNP-BC, Nurse Practitioner, Odessa Brown Children’s Clinic, Seattle

**Pamela Stitzlein Davies**, MS, ARNP, ACHPN, BC, Research Coordinator, Pain Tracker Self-Manager Study, UW Department Psychiatry and Biobehavioral Sciences; Clinical Instructor, UWSON; Teaching Associate, UWSON; Adjunct Instructor, Seattle Pacific University

**Debra B. Gordon**, DNP, MS, RN-BC, ACNS-BC, FAAN, Teaching Associate, Anesthesiology and Pain Medicine, UW Medicine/ Harborview Medical Center, Seattle; Executive Team Member, UW NIH Consortium of Excellence for Pain

**Minna Lee**, PharmD, Clinical Pain Pharmacist, Pharmacy/Center for Pain Relief, UWMC

**Kristin Lucas**, PT, DPT, Physical Therapist, Swedish Pain Services, Functional Restoration, Seattle

**Diana Rae**, MSN, RN-BC, Clinical Nurse Specialist, Pain Management, CHI Franciscan Health, Tacoma

**Mark Sullivan**, MD, PhD, Professor, Psychiatry and Behavioral Sciences, UWSOM; Adjunct Professor, Medical History and Ethics, UWSON; Adjunct Professor, Anesthesiology and Pain Medicine, UW SOM

**David Tauben**, MD, Chief, Division of Pain Medicine and Clinical Professor, Department of Internal Medicine and Department of Anesthesia & Pain Medicine, UW SOM; Medical Director, UW Center for Pain Relief, Seattle; Director of Medical Student Education in Pain Medicine, UW SOM; Co-Principal Investigator, UW NIH Consortium Center of Excellence for Pain Education; Director, UW Telepain, Seattle

**Ron Weaver, BA**, Owner, A Way Forward, Coeur D’alene, ID

**PLANNING COMMITTEE**

**Barbara Dailey**, DNP, ARNP, CCMSHt, FIBH*

**Pamela Stitzlein Davies**, MS, ARNP, ACHPN, BC*

**Ardith Z. Doorenbos**, PhD, RN, FAAN, Professor, BNHS; Adjunct Professor, Anesthesiology and Pain Medicine, UW SOM; Adjunct Professor, Global Health, UW School of Public Health; Co-Principal Investigator, UW NIH Consortium Center of Excellence for Pain Education

**Linda Eaton**, PhD, RN, AOCN, Clinical Assistant Professor, UWSON

**Valerie Gillis**, MN, RN, CPAN, Pain Clinical Nurse Specialist, UWMC

**Diana Rae**, MSN, RN-BC, Clinical Nurse Specialist, Pain Management, CHI Franciscan Health, Tacoma

**David Tauben**, MD*

**Rebecca Taylor**, PhD, RN, CPMM, Nurse Care Coordinator, UW Center for Pain Relief, Seattle

**Sheryl Wyant**, PhD (C), OCN, RN-BC, Pain Management Clinical Nurse Specialist, UWMC; Research Coordinator and Clinical Faculty, BNHS

*Listed under Speakers

BNHS=Department of Biobehavioral Nursing and Health Systems, UWSON
UW=University of Washington, Seattle
NWHMC=UW Medicine/Northwest Hospital and Medical Center, Seattle
UWMC=UW Medicine/University of Washington Medical Center, Seattle
UW SOM=UW School of Medicine
UWSON=UW School of Nursing
CONFERENCE LOCATION
Shoreline Conference Center • 18560 1st Ave NE, Shoreline (Seattle), WA, 98155
Directions: Going north or south on I-5, take the NE 175th Street exit (Exit #176). Head west on NE 175th to Meridian Ave. N. Turn right on Meridian and continue to next light at N. 185th St. Turn right on N. 185th and continue to 1st Ave. NE. Turn left on 1st NE. The Shoreline complex will be on your right. Drive to the north end and turn right just before the tennis courts. Follow signs to the conference center.
Parking: If the parking area immediately outside the entrance to the conference center is full, return to 1st Avenue NE and drive to the south end of the complex. Free parking is plentiful and you can enter through any major entrance and follow signs to the Shoreline Room. If you park on the street, be sure to avoid parking in front of mailboxes or close to driveways or you may be ticketed.

HOTEL INFORMATION
UWCNE conference rates and shuttle service to the conference center may be available at this hotel if requested in advance.

Request the UW Nursing rate.

Courtyard Marriott, Lynnwood • 4220 Alderwood Mall Blvd, Lynnwood, WA 98036 • 425-670-0500 • www.marriott.com
Embassy Suites, Lynnwood • 20610 44th Ave W., Lynnwood, WA 98036 • 425-775-2500 • www.embassysuites.com
Hampton Inn & Suites, Seattle-North/Lynnwood • 19324 Alderwood Mall Pkwy, Lynnwood, WA 98036 • 425-771-1888
www.hamptoninnseattlenorth.com

REGISTRATION INFORMATION

REGISTRATION FEES:  
Individual Rate      Student Rate*
Entire Conference, Jan 18-19..........................$395..........................$198
One-day, Jan 18 or 19......................................$295..........................$148

*Student Rate: Price for current students. Must bring valid student ID.

REGISTER ONLINE:
Register at the conference portal: uwcne.org/pain2017

Registration fees include: Tuition, web access to handouts, continental breakfast and lunch

Program Changes: UWCNE reserves the right to revise the program schedule as needed.

Refund Policy: If you register and then are unable to attend or send a substitute, you may obtain a refund or the fee less $35 for handling by submitting a written request to UWCNE prior to the conference. In the event of course cancellation, registration fees are automatically refunded in full. Costs incurred by the registrant such as airline or hotel penalties are the responsibility of the registrant.

Lunch: Although we try to be sensitive to many common dietary restrictions in planning our complimentary food menu, if you have special dietary needs, please bring food items that will meet your individual nutritional requirements.

DISABILITY ACCOMMODATION
The University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance of the conference at: 206-543-6450/V, 206-543-6452/TTY, 206-685-7264 FAX, or dso@uw.edu.

EXHIBITORS

Reserve exhibit space online! Visit the Exhibitor Portal on our website at uwcne.org/exhibitors. For more information, please contact Corie Goodloe at corie@uw.edu or 206-616-3826.

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