MEDICAL-SURGICAL REVIEW AND UPDATE 2015

Enhancing Medical-Surgical Nursing Practice

Improve Your Practice Across the Care Continuum and Prepare for Certification

JANUARY 8 – APRIL 16, 2015

A Hybrid Course

Integrating multisite face-to-face sessions with online learning.

At various locations!

See back cover for co-sponsoring sites and participating partners.

PROVIDED BY

University of Washington School of Nursing, Continuing Nursing Education

UW Medicine/University of Washington Medical Center
MEDICAL-SURGICAL REVIEW AND UPDATE 2015

Enhancing Medical-Surgical Nursing Practice

*Improve Your Practice Across The Care Continuum And Prepare For Certification*

A 15-Week Hybrid Course | January 8 - April 16, 2015

For experienced nurses in all care settings interested in a comprehensive medical-surgical review and/or in preparing for certification or recertification in medical-surgical nursing.*

COURSE DESCRIPTION

This 15-week continuing education course provides a comprehensive update on key topics in evidence-based medical-surgical nursing practice. The course is designed to meet two goals: 1) enhance practice in medical-surgical nursing and 2) support nurses in pursuing national certification.

Certification is a mechanism for protecting the public by clearly identifying nurses and agencies committed to the highest standards of professional preparation, patient care and patient safety. Nurses who have completed this course and taken a certification exam are very successful in attaining certification (97% pass rate). Teaching methods include lecture, discussion, case study analysis, reflective learning, test-taking practice and a strong component of mentoring.

OBJECTIVES

After completing this course, participants will be better able to:

• Discuss the etiology, pathophysiology, pharmacology, nursing process and patient education related to common medical-surgical diagnoses.

• Apply evidence-based approaches to nursing assessment and intervention strategies.

• Discuss strategies that enhance patient safety.

• Explain the process of applying for national certification in medical-surgical nursing.

• Describe at least two situations in which course content is applied to nursing practice.

CE CONTACT HOURS

45.0 contact hours will be awarded. (See course requirements, page 3.)

• Continuing Nursing Education at the UW School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

• Provider is approved by the California Board of Registered Nursing, Provider #07218.

*New graduates should contact their Agency Coordinator about certification eligibility requirements.
What participants are saying about this course...

“This is a tremendous class. I have taken many continuing education classes and this was by far one of the best and most useful.

I really appreciated being able to access the web information at home and work.

It was great to get a university level class locally where I work!

I loved that this course had different instructors for each area. I felt I had access to experts in many fields.

This course was really revitalizing to me. It was not just aimed at passing the exam. I took many practical suggestions back to my workplace.

I think every nurse should take this course.

COURSE FORMAT

This course is presented live at the University of Washington Health Sciences Center and transmitted electronically to participating sites. To see if your agency is participating, refer to the brochure back cover and the “Agency Dates and Times.” If your agency is not a co-sponsor or participating partner, you may register independently as a UWCNE individual registrant. For more details, please see “Registration Information.”

SCHEDULE AND SYLLABUS: The course is presented over 15 weeks. Sessions include lectures, discussions, clinical examples, test-taking practice and supplementary resources. Handouts for each lecture are available on the course website for participants to print and bring to class.

LEARN WITH A MENTOR AND GROUP OF NURSING COLLEAGUES: Each site has an experienced nurse who serves as the agency coordinator. The Agency Coordinator attends each class, facilitates group discussion, transmits questions to speakers and mentors participants about practice and certification issues and course requirements.

REVIEW AND STUDY AT YOUR OWN PACE: A password protected course website allows registrants to complete sessions that they cannot attend in person and to review content as often as desired. Recordings are posted each Friday. Supplemental presentations on topics commonly tested on certification exams are provided on the course website. The website is available to participants for one year after the course ends to enhance practice and support preparation for certification.

HONE YOUR TEST-TAKING SKILLS: Weekly online multiple-choice practice tests are designed for self-assessment and experience in taking computer-based certification exams such as those given by the Academy of Medical Surgical Nursing (AMSN) and the American Nurses Credentialing Center (ANCC). The weekly tests are required but not graded.

COURSE REQUIREMENTS: Requirements for successful completion include 1) completing weekly lectures, practice tests and evaluations for 15 weeks (100%), 2) attending class in person at least seven of the 15 weeks (or more, as required by your agency), 3) completing two Clinical Example Assignments and 4) submitting the Student Agreement, Participant Profile and final course evaluation. All assignments are completed electronically. Lectures may be completed online when not attended in-person. Individual agencies may have additional requirements. Check with your Agency Coordinator.
### COURSE CONTENT

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<th>TOPIC</th>
<th>SPEAKER</th>
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<td>Focused Caring</td>
<td>Kristen Swanson</td>
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<td>Fluid and Electrolytes Acid/Base Balance</td>
<td>Cindy Sayre</td>
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<td>3</td>
<td>Wound Care</td>
<td>Colleen Karvonen</td>
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<td>4</td>
<td>Renal System</td>
<td>Nancy Colobong Smith</td>
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<td>5</td>
<td>Sepsis Management Infection Prevention</td>
<td>Mary Jo Kelly, Will Shelton</td>
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<td>6</td>
<td>Respiratory Disorders</td>
<td>Vanessa A. Makarewicz</td>
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<td>7</td>
<td>Orthopedic Topics</td>
<td>Joanie Santucci</td>
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<td>8</td>
<td>Cardiovascular Impairment</td>
<td>Laurie A. Soine</td>
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<td>9</td>
<td>Caring for the Older Adult Legal and Ethical Issues</td>
<td>Barbara Albertson, Patsy Treece</td>
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<tr>
<td>10</td>
<td>Neurologic Impairment</td>
<td>Joni Herrington</td>
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<td>11</td>
<td>Hematologic Disorders</td>
<td>Lenise Taylor</td>
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<td>12</td>
<td>Mental Health Issues</td>
<td>Carrol Alvarez</td>
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<td>Acute Pain Management</td>
<td>Debra Gordon</td>
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<td>GI Disorders</td>
<td>Paula Cox-North</td>
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<td>15</td>
<td>Endocrine Disorders</td>
<td>Cindy Sayre</td>
</tr>
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### COURSE RESOURCES (OPTIONAL)


COURSE TEAM

SPEAKERS
Barbara Albertson, MN, RN-BC, Clinical Nurse Educator, UWMC
Carrol Alvarez, MS, RN-BC, Clinical Nurse Specialist, Clinical Education, HMC
Paula Cox-North, PhD, ARNP, Nurse Practitioner, HMC; Clinical Assistant Professor, UWSON
Debra B. Gordon, DNP, MS, RN-BC, ACNS-BC, FAAN, Teaching Associate, Anesthesiology and Pain Medicine, HMC; Member, UW NIH Consortium Center of Excellence for Pain Education
Joni Herrington, MN, RN-BC, CNRN, ACNS-BC, Neuroscience/Rehabilitation Clinical Nurse Specialist, UWMC
Colleen Karvonen, MN, RN, CMSRN, CWON, Wound/Ostomy Clinical Nurse Specialist, UWMC; Affiliate Instructor, BNHS, UWSON
Mary Jo Kelly, MN, RN, CCRN, CCNS, ACNS-BC, Sepsis Coordinator/Clinical Nurse Specialist, HMC
Vanessa A. Makarewicz, MN, RN-BC, Infection Control Operations Manager, HMC; Affiliate Instructor, BNHS, UWSON
Joni Herrington, MN, RN-BC, CNRN, ACNS-BC, Neuroscience/Rehabilitation Clinical Nurse Specialist, UWMC
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Vanessa A. Makarewicz, MN, RN-BC, Infection Control Operations Manager, HMC; Affiliate Instructor, BNHS, UWSON
Will Shelton, M(ASCP), CIC, Director, Epidemiology and Employee Health, Swedish Medical Center, Seattle
Nancy Colobong Smith, MN, ARNP, CNN, Clinical Nurse Specialist, Renal and Transplant, UWMC; Affiliate Instructor, BNHS, UWSON
Laurie A. Soine, PhD, ARNP, Nurse Practitioner, Nuclear Cardiology, UWMC
Kristen Swanson, PhD, RN, FAAN, Dean, College of Nursing, Seattle University, Seattle, WA
Lenise Taylor, MN, RN, AOCNS, Hematologic Malignancies/BMT Clinical Nurse Specialist, Seattle Cancer Care Alliance/UWMC
Patsy Treece, MN, RN, Critical Care Research Nurse, HMC; Clinical Faculty, BNHS, UWSON

COURSE FACILITATORS
Constance Hirnle, MN, RN-BC, Professional Development Specialist, Virginia Mason Medical Center, Seattle
Colleen Karvonen, MN, RN, CMSRN, CWON*
Vanessa A. Makarewicz, MN, RN-BC* Cindy Sayre, PhD(c), ARNP*
Nancy Colobong Smith, MN, ARNP, CNN*

PLANNING COMMITTEE
Martha DuHamel, MPH, Emeritus Assistant Dean, UWCNE
Constance Hirnle, MN, RN-BC (See Course Facilitators)
Colleen Karvonen, MN, RN, CMSRN, CWON*
Vanessa A. Makarewicz, MN, RN-BC* Jaime Navetta, MN, RN, CNE, Associate Director and Lead Nurse Planner, UWCNE
Cindy Sayre, PhD(c), ARNP*
Nancy Colobong Smith, MN, ARNP, CNN*
Shannon Summers, MEd, MCHES, RPSGT, Director of Specialty Programs, UWCNE
Joie Whitney, PhD, RN, CWCN, FAAN, Professor, BNHS, UW; Associate Dean for Research, UWSON

*Also listed under Speakers

BNHS=Biobehavioral Nursing and Health Systems
HMC=UW Medicine/Harborview Medical Center, Seattle
UW=University of Washington, Seattle
UWCNE=Continuing Nursing Education, UW School of Nursing
UWMC=UW Medicine/University of Washington Medical Center, Seattle
UWSON=UW School of Nursing, Seattle

206-543-1047 | Fax: 206-543-6953 | Email: cne@uw.edu | Web: uwcne.org
ALASKA
Alaska Native Medical Center—Anchorage, AK
Vickie Mays, MSN, RN, ACNS-BC, CMSRN, Clinical Nurse Specialist, vmays@anthc.org, 907-729-1378
Maniilaq Health Center—Kotzebue, AK
Sonia Reisdorf, MSN, RN, Nurse Educator, sonia.reisdorf@maniilaq.org, 907-412-2642

IDAHO
Portneuf Medical Center—Pocatello, ID
Jennifer Warren, BSN, RN, CMSRN, CPN, Director of Medical-Surgical Services, jenniferwa@portmed.org, 208-239-2494

WASHINGTON
Columbia Basin Hospital—Ephrata, WA
Heidi Cline, RN, DNS, TPM, Director of Nursing, clineh@columbiabasinhospital.org, 509-717-5211
Franciscan Health System—Tacoma, WA
Cindy Woolman, BSN, RN, CMSRN, Regional Nurse Educator, cindywoolman@fhshealth.org, 253-573-7254
Island Hospital—Anacortes, WA
Kathy Corrion, BSN, RN, Clinical Education Coordinator, kcorrion@islandhospital.org, 360-299-1300 Ext 2600
Jefferson Healthcare—Port Townsend, WA
Amber Hudson, MSN, RN, Clinical Nurse Educator, ahudson@jeffersonhealthcare.org, 360-385-2200 Ext 3740
Madigan Army Medical Center—Tacoma, WA*
Nancy S. Hodge, MSN, RN, ACNS-BC, Med-Surg Clinical Nurse Specialist, nancy.s.hodge.civ@mail.mil, 253-968-3481

*Denotes Participating Partner
WASHINGTON (CONT.)

PeaceHealth St. Joseph Medical Center—Bellingham, WA
   Cris Gonzales, MSN, RN-BC, CMSRN, Clinical Nurse Educator, cgonzales@peacehealth.org, 360-756-6825

Providence Centralia Hospital—Centralia, WA
   Lisa Gallagher, BSN, RN-BC, Clinical Educator, lisa.gallagher@providence.org, 360-827-8595

Providence Regional Medical Center Everett—Everett, WA
   Kim Dotson, MN, RN-BC, RN Residency Coordinator, kim.dotson@providence.org, 425-261-4364

Providence St. Peter Hospital—Olympia, WA
   Sarah Culbert, MN, RN, CMSRN, Clinical Nurse Educator, sarah.culbert@providence.org, 360-493-7417

Skagit Valley Hospital - Skagit Regional Health—Mount Vernon, WA
   M.J. Tyler, MN, ARNP, Medical-Surgical CNS, mj.tyler@skagit.edu, 360-814-2185

Swedish Edmonds Hospital—Edmonds, WA
   Ann Moore, MS, RN-BC, CMSRN, Clinical Educator, ann.moore@swedish.org, 424-640-4059

Swedish Medical Center—Seattle, WA
   Renee Rassilyer Bomers, ARNP, Surgical Clinical Nurse Specialist, Renee.Rassilyer@swedish.org, 206-386-3190 or Ann McElroy, MSN, RN-BC, Medical Professional Development Specialist, ann.mcelroy@swedish.org, 206-386-6540

UW Medicine/Harborview Medical Center—Seattle, WA
   Kathy Colagrossi, BSN, RN, Clinical Nurse Educator, kpcol@uw.edu, 206-744-4871

UW Medicine/Northwest Hospital & Medical Center—Seattle, WA
   Tricia Nicks, BSN, RN-BC, CMSRN, Clinical Coordinator/Educator, tricia.nicks@nwhsea.org, 206-368-1947.

UW Medicine/University of Washington Medical Center—Seattle, WA
   Jamie Peterson, BSN, RN, CMSRN, Assistant Nurse Manager, messja@uw.edu, 206-598-1359

UW Medicine/Valley Medical Center—Renton, WA
   Susan Grabowski, MN, RN, Clinical Nurse Specialist, Susan_Grabowski@valleymed.org, 425-228-3440 X 8660

UWCNE Individual Registrants
   Constance Hirnle, MN, RN-BC, Professional Development Specialist, Virginia Mason Medical Center
   Shannon Summers, MEd, MCHES, RPSGT, Director of Specialty Programs, UWCNE, ssum@uw.edu, 206-221-4963

Whidbey General Hospital—Coupeville, WA
   Gaila Palo, MN, RN, Clinical Nurse Specialist, paloga@whidbeygen.org, 360-678-7656 x 2107

Virginia Mason Medical Center—Seattle, WA
   Shirley Kopf-Klakken, MSN, RN-BC, Professional Development Specialist, Shirley.Kopf-Klakken@vmmc.org, 206-341-0945

If you have questions about the course, please contact your Agency Coordinator (see above) or UWCNE at 206-543-1047.
AGENCY DATES AND TIMES

Thursdays, January 8 - April 16
Columbia Basin Hospital, Ephrata
Franciscan Health System, Tacoma
Island Hospital, Anacortes
Jefferson Healthcare, Port Townsend
Madigan Army Medical Center, Tacoma
Providence Centralia Hospital, Centralia
Providence Regional Medical Center Everett, Everett
Skagit Valley Hospital - Skagit Regional Health, Mount Vernon
Swedish Edmonds Hospital, Edmonds
UW Medicine/Harborview Medical Center, Seattle
UW Medicine/Northwest Hospital & Medical Center, Seattle
UW Medicine/University of Washington Medical Center, Seattle
UW Medicine/Valley Medical Center, Renton
Virginia Mason Medical Center, Seattle
Whidbey General Hospital, Coupeville

Thursdays, January 8 - April 16
Alaska Native Medical Center, Anchorage
Portneuf Medical Center, Pocatello

Mondays, January 12 - April 20
Providence St. Peter Hospital, Olympia
UW Medicine/Valley Medical Center, Renton

Wednesdays, January 14 - April 22
Swedish Medical Center, Seattle

Asynchronous Online, January 8 - April 16
Maniilaq Health Center, Kotzebue
UWCNE Individual Registrants

To Be Determined (TBD)
PeaceHealth St. Joseph Medical Center, Bellingham

TIME ZONES
AKT=Alaska Time
MT=Mountain Time
PT=Pacific Time
REGISTRATION CONTACTS

CO-SPONSORING AGENCY AND PARTICIPATING PARTNER REGISTRANTS

See pages 6-7 for Agency Coordinator contact information.

- **Alaska Native Medical Center:** Contact Vickie Mays regarding eligibility and registration.
- **Columbia Basin Hospital:** Contact Heidi Cline regarding eligibility and registration.
- **Franciscan Health System:** Please contact Cindy Woolman for information at cindywoolman@fhshealth.org.
- **Island Hospital:** Please contact Kathy Corrion for information regarding eligibility and registration.
- **Jefferson Healthcare:** Contact Amber Hudson for details regarding eligibility and registration.
- **Maniilaq Army Medical Center:** Contact Nancy Hodge for details about registration.
- **Maniilaq Health Center:** Contact Sonia Reisdorf for details regarding eligibility and registration.
- **PeaceHealth St. Joseph Medical Center:** PeaceHealth St. Joseph Medical Center will pay the tuition for this course, but participants must agree to sit for one of the national exams within 6 months upon completion of this course. If the participant does not sit for the exam or chooses not to, then the tuition cost will be paid for by the participant.
- **Portneuf Medical Center:** Tuition and course syllabus will be paid by PMC with approval of Med-Surg Director. Contact Jenn Warren for details about registration and eligibility.
- **Providence Centralia Hospital:** Contact Lisa Gallager for details about registration and eligibility.
- **Providence Regional Medical Center Everett:** Contact Kim Dotson at kim.dotson@providence.org.
- **Providence St. Peter Hospital:** Contact Sarah Culbert for details about registration and eligibility.
- **Skagit Valley Hospital - Skagit Regional Health:** Contact M.J. Tyler for details about registration and eligibility.
- **Swedish Edmonds Hospital:** Contact Ann Moore (ann.moore@swedish.org) in Clinical Education for information and registration details.
- **Swedish Medical Center:** Contact Renee Rassilyer-Bomers or Ann McElroy for registration and tuition information.
- **UW Medicine/Harborview Medical Center:** Contact Kathy Colagrossi for details regarding eligibility and registration.
- **UW Medicine/Northwest Hospital & Medical Center:** Contact Tricia Nicks regarding registration, eligibility and details.
- **UW Medicine/UW Medical Center:** Contact Jamie Peterson at messja@uw.edu or 206-598-1359 for details about registration and eligibility.
- **UW Medicine/Valley Medical Center:** Tuition and course syllabus can be paid for with available education funds. Tuition rate dependent upon number of participants. Contact Susan Grabowski or Kirstin Sellers (kirstin_sellers@valleymed.org; 425-228-3440 Ext. 8760) for more information.
- **Virginia Mason Medical Center:** Tuition excluding the syllabus will be paid by VMMC. Contact Shirley Klakken for details about registration and eligibility.
- **Whidbey General Hospital:** Open to WGH and non-WGH RNs. Contact Gaila Palo for enrollment information.
PROGRAM CHANGES
UWCNE reserves the right to revise the program and change speakers as necessary.

QUESTIONS ABOUT THE COURSE?
For more information, visit uwcne.org or contact Shannon Summers at ssum@uw.edu or 206-221-4963.

DISABILITY ACCOMMODATION
University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation contact the Disability Services Office at least ten days in advance at: 206-543-6450/V, 206-543-6452/TTY, 206-685-7264 (FAX), or dso@uw.edu.

BECOME A CO-SPONSOR!
Hospitals and agencies in all regions of the country are invited to co-sponsor this course. For more information, contact Shannon Summers at ssum@uw.edu or 206-221-4963.

This project was supported in part by funds from a training grant from the Division of Nursing (DN), Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant #D11HP14630-01-00, “Using Technology to Enhance Medical-Surgical Nursing Practice,” 2009-2012.

A 10-Week Online Version of this course will be available at uwcne.org!

Summer: June 8 - August 17, 2015
Fall: September 7 - November 16, 2015

For more information contact Shannon Summers at ssum@uw.edu.
REGISTRATION INFORMATION
MEDICAL-SURGICAL REVIEW AND UPDATE 2015
Enhancing Medical-Surgical Nursing Practice
January 8 – April 16, 2015 • Conf. #15190-SP • 45.0 Contact Hrs

Co-Sponsoring or Partner Registrant

COURSE FEE:
Your tuition is managed by your agency. Check instructions for your agency under Registration Contacts on page 9.

REGISTRATION DETAILS:
• Registrations will be accepted on a first-come basis.
• Enrollment may be limited at your site. Early registration is strongly recommended.
• Employees of either co-sponsoring or participating partner agencies must attend classes at their own agency or pay the individual registration fee and complete the class online.

TO REGISTER FOR THE COURSE:
1. Attain approval from your Agency Coordinator to take this course.
2. Receive the document Getting Started from your Agency Coordinator which will include information on how to register online for this course using a coupon code.
3. Register for the course online at uwcne.org using the coupon code given to you by your Agency Coordinator.

Individual Registrant

COURSE FEE:
The fee for individual registrants is $695. Individual registrants will complete this class 100% online (no in-person attendance).

REGISTRATION DETAILS:
Register and pay online for this course at uwcne.org. For assistance with registration contact Hamida Moly at hmoly@uw.edu or 201-221-2406.

SCHEDULE:
The course is presented over 15 weeks with online modules assigned weekly. Lectures will be available for viewing each Friday following the live, synchronous recording on Thursday evening. You should follow the recommended schedule outlined in the online classroom. All requirements must be completed by the last day of the 15-week period to earn contact hours.

COURSE INSTRUCTION:
The instructor for individual registrants is an experienced medical-surgical nurse educator who guides you through the course, answers questions and monitors your progress toward course completion. You can submit questions and discuss practice test issues with your instructor and with other participants online throughout the course.

REFUND POLICY FOR INDIVIDUAL REGISTRANTS:
If you withdraw prior to the first class on January 8, 2015 you may send a substitute or request a refund less $50 for processing. There are no refunds after Jan. 8, 2015.
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**Participating Partner**
Madigan Army Medical Center, Tacoma

**Co-Sponsoring Agencies and Sites**

**ALASKA**
Alaska Native Medical Center, Anchorage
Maniilaq Health Center, Kotzebue

**IDAHO**
Portneuf Medical Center, Pocatello

**WASHINGTON**
Columbia Basin Hospital, Ephrata
Franciscan Health Systems:
  - St. Anthony Hospital, Gig Harbor
  - St. Clare Hospital, Lakewood
  - St. Elizabeth Hospital, Enumclaw
  - St. Francis Hospital, Federal Way
  - St. Joseph Medical Center, Tacoma
Island Hospital, Anacortes
Jefferson Healthcare, Port Townsend
PeaceHealth St. Joseph Medical Center, Bellingham
Providence Centralia Hospital, Centralia
Providence Regional Medical Center Everett, Everett
Providence St. Peter Hospital, Olympia
Skagit Regional Health, Mount Vernon
Swedish Edmonds Hospital, Edmonds
Swedish Medical Center, Seattle
UW Medicine/ Harborview Medical Center, Seattle
UW Medicine/Northwest Hospital and Medical Center, Seattle
UW Medicine/ University of Washington Medical Center, Seattle
UW Medicine/ Valley Medical Center, Renton
UWCNE Site for Individual Registrants, Seattle
Virginia Mason Medical Center, Seattle
Whidbey General Hospital, Coupeville